



The Dispute Resolution in Mental Health (DRMH) Initiative

The DRMH Initiative is a collaboration between the CUNY Dispute Resolution Center and MH Mediate, funded by the AAA-ICDR Foundation. The DRMH Initiative will:

- Provide a 5-day Basic Mediation Skills Training to NYC-based peer specialists
- Develop a resource introducing the international mental health peer community to conflict resolution processes
- Develop a resource sharing our lessons learned with the international conflict resolution community, in the hopes of their developing similar projects.



What is mediation?

Mediation is a voluntary, confidential process where an impartial third-party helps two or more people resolve a conflict. The mediator does not provide any advice or make any decisions.



What is the 5-day training?

The 5-Day Basic Mediation training will include lecture, discussion, and role play exercises that help participants learn conflict resolution skills. The program includes discussion of different alternative dispute resolution (ADR) processes, the nature of conflict, the values of mediation, the mediation process, mediation skills, the role of the mediator and other parties, the identification and management of power imbalances, the identification and management of diverse perspectives and possible bias, and ethical issues. This training also covers specific case examples relevant to the peer specialist community. It will be held at John Jay College (59th St and 10th Ave) on August 9, 10, 14, 15, and 16.



What kind of follow-up is provided?

Participants have the opportunity to take part in 2 follow-up conference calls and will have access to e-mail support from the trainers. They will also be invited to take advantage of a reference guide and webinar summarizing conflict resolution resources for the peer community.



How do I apply?

Visit <http://www.mhmediate.com/drmh> for a link to the application. E-mail dan@mhmediate.com with questions or feedback.