

SPEAKERS

TIMOTHY FEENEY, PH.D.

Timothy Feeny, Ph.D. is the Director of Strategic Planning and Development at Belvedere Addictions Center located in Albany, NY. This center focuses on substance use disorders and specializes in treatment of adults with cognitive disorders

STACEY ELLIOTT, DO

Dr. Stacey Elliott is a Substance Treatment Psychiatrist, Syracuse VAMC. Dr. Elliott serves as a substance treatment psychiatrist and manages the Syracuse VA Suboxone Clinic. She is also on the teaching faculty at SUNY Upstate.

MEGAN CARAPELLA, LMHC, CASAC

Megan Carapella is a Licensed Mental Health Counselor and a CD Clinical Supervisor at the Crouse Hospital Opioid Treatment Program.

DOMINICA POTENZA, LPMHC

Dominica Potenza is a Licensed Professional Mental Health Counselor at the VA Behavioral Health Outpatient Center where she work with

KIP HUNTER

Kip Hunter is a Group Facilitator for NAR-ANON, a 12-step program for friends and families of people suffering from addiction.

SANDY RIVERS, BS, CASAC

Sandy Rivers, Credentialed Alcoholism and Substance Abuse Counselor, works at Crouse treating clients at the Chemical Dependency Treatment Service at Crouse

SANDRA SABENE

Owner of the Liverpool Arts Center, Sandra Sabene understands the healing powers of the arts. On top of being a Reiki Master, Sandra is a certified Drum Circle Facilitator.

ARTHUR BRANGMAN, REHAB COUNSELOR, MS

An HPC employee, Arthur Brangman wears many hats. Mr. Brangman has a Master of Fine Arts and a Masters in Rehabilitation Counseling which he utilizes in his day to day operations as an Art Therapist and Rehab Counselor.

BETSY MCKEE, CRPA

Betsy McKee is a Program Director for Hope Connections Recovery Center, a peer-based mental health and addiction program of Catholic Charities of Onondaga County.

JOSEPH SCRIPA, LMSW CASAC

Joseph Scripa is a Dual Recovery Coordinator at Onondaga County Department of Mental Health where he specializes in the treatment of individuals with mental illness and addiction.

HANNAH MOUNTAIN

Hannah Mountain is a Group Facilitator at Refuge Recovery, an addiction recovery program based on mindfulness and Buddhist philosophy.

MEGAN WALRADTH, MA ED

Megan Walradth, MA Ed is a Community Development Specialist at Prevention Network. She has been working in drug prevention since 2006 and currently assists coalitions in several counties in CNY.

GLEN JOHNSON, MPA

Glen Johnson is a Coordinator at the Central Region Prevention Resource Center where he oversees the training and technical assistance to anti-drug coalitions and prevention providers.

JONATHAN CRANDALL

Jonathan Crandall is a Program Assistant at Prevention Network, a program based in Onondaga County that has worked to prevent drug and alcohol addiction in our community since 1949.

GREG CLIFF

Greg Cliff is a Program Facilitator for Celebrate Recovery, a 12-step program for individuals dealing with any form of addiction or abuse, at Cross Roads Community Church

LOCATION AND REGISTRATION

OCTOBER 18TH, 2017

8:00AM-4:00PM

Hutchings Psychiatric Center Auditorium

PLEASE REGISTER BY 10/16/2017

Registration link: <http://www.planetreg.com/e82815274722209>

This conference is free of charge. Casac hours offered.

MULTIPLE PATHWAYS TO RECOVERY

4th annual HPC recovery conference
4 CASAC renewal credits and 4 CPP/CPS credits

OCTOBER 18TH, 2017

8:00am-4:00pm

HUTCHINGS PSYCHIATRIC
CENTER AUDITORIUM



Please register by 10/16/2017

Registration link: <http://www.planetreg.com/e82815274722209>

This conference is free of charge. Lunch on your own.



Office of
Mental Health



RECOVERY CONFERENCE SCHEDULE

SCHEDULE:

- 8:00am-8:45am: REGISTRATION/VENDORS
- 8:45am-9:00am: WELCOME, DR. SUNNY ASLAM, OUTPATIENT PSYCHIATRIST AND PROGRAM MANAGER, HPC
- 9:00am-9:30am: KEYNOTE SPEAKER
- 9:30am-10:30am: MEDICATION ASSISTED TREATMENT*
- 10:45am-11:45am: IMPORTANCE OF FAMILY INVOLVEMENT*
- 11:45am-12:15pm: STARFISH AWARDS
- 12:15pm-1:15pm: INDEPENDENT LUNCH/VENDORS
- 1:30pm-2:30pm: RECOVERY FOCUS*
- 2:45pm-3:45pm: SUSTAINING RECOVERY*

KEYNOTE SPEAKER



MAT ROOSA, ACSW, LCSW-R

Mathew Roosa, ACSW, LCSW-R is the Director of Planning and Quality Improvement for the Onondaga County Department of Adult and Long Term Services, providing support to Mental Health, Substance Use, Corrections, Ageing, and other service systems. He also works as a consultant, trainer, and coach, providing organizational and systems level support for program development, quality improvement, and strategic planning. Mr. Roosa has extensive experience working in the mental health field, including serving as the former Clinical Director of Central New York Services, a Non-Profit Agency providing residential, forensic, and treatment services, and specializing in services for people with co-occurring chemical dependency and mental illness.

MEDICATION ASSISTED TREATMENT

TBI & ADDICTION

TIMOTHY FEENEY, PH.D. ROOM A

Timothy Feeney, Ph.D. explores the relationship between traumatic brain injuries and the disposition for substance use.

SUBOXONE AND MENTAL HEALTH

DR. STACEY ELLIOTT, DO ROOM 116

Dr. Stacey Elliott, DO explains the effects of the Suboxone on opiate addiction and it's interplay with mental health medications

METHADONE AND MENTAL HEALTH

MEGAN CARAPPELLA, LMHC, CASAC AUDITORIUM

Develop an understanding of the use of Methadone in the treatment of opiate addiction and its impact on mental health medications

IMPORTANCE OF FAMILY INVOLVEMENT

FAMILIES AND THEIR STRUGGLING VETERANS

DOMINICA POTENZA, LMHC ROOM A

Dominica Potenza, LMHC explains the Families in Recovery Program utilized at the Syracuse VA.

FAMILY INVOLVEMENT & SELF CARE WITHIN THE 12 STEPS

KIP HUNTER ROOM 116

Learn about the 12 step program and the important role of families in recovery from a NAR-ANON group facilitator in Syracuse

CELEBRATING FAMILIES

SANDY RIVERS, CASAC AUDITORIUM

Sandy Rivers, CASAC describes the role of family members in recovery at Crouse Chemical Dependency Treatment Programs.

RECOVERY FOCUS

DRUMMING UP PURPOSE IN RECOVERY

SANDRA SABENE & ARTHUR BRANGMAN, REHAB COUNSELOR AUDITORIUM

Sandra Sabene and Arthur Brangman explore the healing effects of drumming on the path to recovery.

THE POWER OF RECOVERY COACHING

JOSEPH SCRIPA, LMSW CASAC & BETSY MCKEE CRPA ROOM 116

Joseph Scripa and Betsy McKee explain the benefits of Recovery Coaching, a peer-based recovery support service that aims to engage individuals throughout all stages of addiction recovery.

REFUGE RECOVERY

HANNAH MOUNTAIN ROOM

Hannah Mountain presents the practices of the Refuge Recovery community, an addiction recovery program founded on the Four Noble Truths of Buddhism.

SUSTAINING RECOVERY

THE ROLE OF RECOVERY IN COMMUNITY BASED COALITIONS

MEGAN WALRADTH AND GLEN JOHNSON ROOM 116

Megan Walradth and Glen Johnson describe how community based anti-drug coalitions support community members in recovery.

THE IMPORTANCE OF MULTIPLE PATHWAYS OF RECOVERY

JONATHAN CRANDALL AUDITORIUM

Johnathan Crandall highlights the importance of having diverse options of recovery from addiction.

CELEBRATE RECOVERY

GREG CLIFF ROOM A

Greg Cliff explains Celebrate Recovery, a nontraditional 12 step program. Find purpose by focusing on positives and not harboring on past mistakes