

**BEHAVIORAL HEALTH PROFESSIONAL
EMERGING THOUGHT LEADER ON PEER COUNSELING
PRESENTER AT LOCAL AND NATIONAL RECOVERY-ORIENTED CONFERENCES**

EDUCATION & CREDENTIALS

MSW, Silberman School of Social Work at Hunter College; expected graduation, 2017
Certified Psychiatric Rehabilitation Practitioner (CPRP), 2007
M.A., English; NYU, 1989
B.A., Psychology; NYU, 1987

PROFESSIONAL EXPERIENCE

NYC Health + Hospitals, Office of Behavioral Health, New York, NY **8/13–Present**
(Largest municipal healthcare provider in the United States)

positions held: Associate Director; Assistant Director / Consumer Affairs Coordinator

- Manage state-funded rehabilitation and recovery grant for group counseling project from implementation to post-program analytics
- Clinical and administrative supervision of 15 peer counselors; mentor and resource for clinicians supervising 35 peer counselors in external NYC H+H facilities
- Establish leadership role in State and City committees focusing on consumer-oriented activities, policies and procedures; guide NYC H+H's Behavioral Health Services in those areas
- Train staff at NYC H+H hospitals and other facilities about rehabilitation and recovery
- Identify opportunities for training focused on rehabilitation and recovery and provide technical assistance in bringing such science to actual practice
- Subject matter expert/thought leader for systems transformation in behavioral health, expanding role of peer counselors throughout the health care system
- Guest-lecture at peer support specialist training programs, physician training programs, and nursing and social work training programs.
- Provide technical assistance and resources regarding integrating health, mental health and substance abuse treatment and recovery
- Develop, deliver and evaluate large educational events for NYC H+H consumers promoting motivation to change specifically in regard to vocational and educational goals

Visions of Hope Arizona, Phoenix, AZ **2011-2013**
(Peer-run recovery and wellness center)

Training Manager

- With CEO James Russo, developed and implemented pre-employment training for candidates seeking to work as Peer Support/Recovery Specialists
- Managed in-house and out-of-agency internships for successfully trained peers
- Supervised and facilitated training and state credentialing for Visions and other agencies

Verde Valley Guidance Clinic, Inc., Cottonwood, AZ **2006-2011**
Recovery Specialist

- Provided recovery-oriented training, outreach, and support services to individuals and groups
- Motivated clients to pursue recovery-oriented activities both within the agency and community by modeling a positive frame of mind, hope and self-determination
- Advocated for client needs and rights; provided living skills training
- Developed and implemented Behavioral Health Service Plans; coordinated with case management activities; maintained client progress notes for assigned interventions

NAZCARE, Inc., Prescott, AZ

2004–2006

(Statewide network of wellness centers, recovery services, supported housing and employment)

positions held: Trainer of Trainers/Peer Support Specialist; Assistant Program Director; Center Manager

- Developed and implemented NAZCARE Peer Support Specialist training
- Designed programs in collaboration with local clinics, vocational rehabilitation and other recovery-oriented organizations
- Implemented orientation, training, technical assistance, day-to-day support and conflict resolution for centers

PREVIOUS EXPERIENCE

Systems Administrator & Programmer

1983-1998

- UNIX system administrator, automation expert and web developer for a variety of corporate clients including Wasserstein Perella, Morgan Stanley, Evolution Online Systems and others

SELECTED SERVICE

Supervisor, Peer Advisors; Peer Advisor Program, Columbia University Public Psychiatry Fellowship (PPF) at New York State Psychiatric Institute (NYSPI)

Member, National Association of Social Workers (NASW)

Member, Psychiatric Rehabilitation Association (PRA)

Arizona Behavioral Health Planning Council, 2004-2013

Member, NAZCARE Board of Directors, 2004-2005

PUBLICATION

Smith, T. E., Abraham, M., Bivona, M., Brakman, M. J., Brown, I. S., Enders, G., Goodman, S., McNabb, L., & Swinford, J. W. (2016, October 13). "Just Be a Light": Experiences of Peers Working on Acute Inpatient Psychiatric Units. *Psychiatric Rehabilitation Journal*. Advance online publication. <http://dx.doi.org/10.1037/prj0000224>