

## Sara Goodman, CPRP

### OBJECTIVE

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To assist consumers of mental health services enhance the quality of their life by sharing my skills and knowledge of the practices of wellness, psychiatric rehabilitation and recovery

### PROFESSIONAL EXPERIENCE

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**10/15-present Baltic Street AEH, Inc. Brooklyn, NY**  
***Chief Operating Officer***

- Responsible to lead and oversee agency operations on a day-to-day basis
- Complement the CEO's experience, style and knowledge base
- Implement decided-upon strategies
- Train, coach and direct Division Directors and Program Managers
- Develop and deliver quarterly training for new agency staff
- Act as an intermediary between agency staff and the CEO
- Interact with the Board of Directors

**05/10 – 10/15 Baltic Street AEH, Inc. Brooklyn, NY**  
***Director - Education & Training***

- Active member of the Executive Committee
- Active member of the Incident Review Committee
- Determining training needs of the agency staff/administering trainings
- Presenting at agency mandated trainings and quarterly staff orientations
- Attending trainings/conferences/forums as directed
- Assisting in formulating responses to various RFIs
- Compiling and editing the agency's annual year-end report based on input from the 15 agency programs
- Additional responsibilities – supervising director of Community Links; directing Maimonides-based Critical Time Intervention/Care Coordination team project; Project Director – BRSS TACS Cultural Activation Prompts project; Project Director – DOHMH Health Home Peer Educator project

**07/07 – 05/10 Howie the Harp Training Center NY, NY**  
***Coordinator - Education & Training***

- Parent agency – Community Access, Inc.
- Determining training needs of the peer specialist and STARR (forensic) training programs
- Developing 6 month curricula for the STARR (forensic) and peer specialist training cycle
- Developing and presenting trainings based on the needs of the trainees
- Recruiting trainers with expertise in state of the art topics
- Negotiating and maintaining contracts with trainers
- Creating and grading examinations to determine trainee competence
- Evaluating weekly assignments from each trainee
- Coordinating conference attendance and presentations
- Negotiating topics and recruiting trainers for Continuing Education program
- Determining staff training needs
- Scheduling/presenting/selecting trainers for agency mandated trainings
- Providing technical assistance to other agencies
- Participate in parent agency task forces and work groups as required
- Participate in inter/intra-agency trainings as required

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**12/05 – 07/07    Howie the Harp Training Center**  
***Coordinator - Peer Specialist Training Program***

**NY, NY**

- Parent agency – Community Access, Inc.
- Determine curriculum of annual 6 month training of Peer Specialist program
- Deliver trainings
- Interview, select and hire trainers
- Interview and assess prospective trainees
- Select 20-30 trainees for each cycle
- Supervise two full time and three part time service coordinators
- Monitor trainee service plans
- Document interaction with trainees
- Calculate and submit program VESID reports
- Interact with VESID counselors
- Minister to the service needs of approximately 20-30 graduates
- Participate in parent agency task forces and work groups as required
- Participate in inter/intra-agency trainings as required

### **PROFESSIONAL CONTRIBUTIONS**

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- ε Mentor to Columbia School of Medicine Public Psychiatry Fellow – 2015-16/2016-17
- ε Planning committee member of the Peer Specialist Working in NYC Conference since 2006
- ε NYU Silver School of Social Work Core Certification Review Committee
- ε Care Management Workflow group – Maimonides Medical Center
- ε Member of OMH/DOHMH Academy of Peer Services development committee
- ε Outreach committee – Maimonides Medical Center
- ε Planning committee member of the DOHMH Peer Wellness Conference – 2013 - 2016
- ε Active member of Women with Positive Voices
- ε Independent trainer

### **PRESENTATIONS**

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2016 – NYAPRS Conference  
2015 – NYAPRS Conference  
2014 – Meet the Xperts! Conference, - the Netherlands – keynote, workshop, master classes  
2014 – NYAPRS Conference  
2014 – Peer Specialists Working in New York City Conference  
2014 – Bi-County Conference (Nassau/Suffolk)  
2013 – Meet the Xperts! Conference - the Netherlands – keynote, workshop, master classes  
2013 – NYAPRS Conference  
2013 – Peer Specialists Working in New York City Conference  
2012 – Alternatives Conference

### **PROFESSIONAL CERTIFICATIONS & AFFILIATIONS**

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12/2015 completed WHAM! training  
11/2013 completed WRAP facilitator training  
04/2013 completed Trauma Informed Community training  
03/2013 completed Crisis Time Intervention training  
10/2011 completed Intentional Peer Support training  
12/2011 earned certification as a Health and Wellness Coach  
10/2004 earned Certification as Psychiatric Rehabilitation Practitioner – USPRA  
10/2001 Copeland Center approved WRAP trainer  
11/2000 earned Certification as an Expressive Arts Therapist – NETA

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