



*Court-Involved Youth Initiative*

## TRAINING ANNOUNCEMENT

### Overview of Motivational Interviewing

**December 5 and 7, 2017**

9:30am - 4:30pm

*Doors open at 9:00am*

**The Coalition for Behavioral Health**

123 William Street, 19th Floor, New York, NY 10038

***\*\* This is a two-day training; participants must be able to commit to attending both sessions***

**REGISTER NOW**

### CONTINUING EDUCATION

This course is approved for **12 social work CE hours**, and is **pending approval for CASAC hours**. Participants must arrive on time and stay for the full two-day workshop in order to receive full credit. No credit will be provided for partial attendance.

All participants must submit an evaluation and document their attendance via the Social Work CE sign-in and sign-out roster in order to receive full credit.

## TRAINING DESCRIPTION

Motivational interviewing (MI) belongs to a category of evidenced-based interventions aimed at increasing clients' commitment to change. It draws on strategies from client-centered counseling, cognitive therapy, and a strengths perspective, and focuses on building intrinsic motivation for change, through exploring and resolving ambivalence.

While initially developed to address problem drinking, over the past 25 years, motivational interviewing has been applied to a wide range of populations and behavioral change areas, and the efficacy of this practice model has been demonstrated in numerous clinical trials involving comparisons to other models. Robust scientific evidence has shown support for Motivational Interviewing in working in such areas as smoking cessation, medication adherence, nutrition and fitness, elder care, and the rehabilitation of persons with various disabilities, vocational pursuits, social skill development.

## WORKSHOP LEADER

**Dr. Andrew Hamid** holds an MSW (Toronto), M.Mus (Royal Conservatory) and PhD in Social Work & Psychology (Michigan). He has extensive clinical and supervisory experience in the field of substance abuse. He has been on the faculty of Columbia University's School of Social Work for the past 20 years where he teaches primarily in the area of substance abuse, motivational interviewing (MI) and also in international health & social development. At Columbia's Medical School, he teaches in the area of MI and health behavior change. Over the past 2 decades, Dr. Hamid has been actively involved in delivering professional development workshops to Human Service agencies across the US and Canada on the application of MI to a wide range of client populations. More recently, he has been engaged in facilitating workshops on the cultural adaptability of Motivational Interviewing in various parts of the developing world.

## AUDIENCE

This training is geared toward staff members of Behavioral Health Programs

**IMPORTANT NOTICE:**

*The Coalition for Behavioral Health SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0098.*

<p><b>For questions about CE credits:</b></p> <p><b>Bradley Jacobs</b> Director of the Center for Rehabilitation &amp; Recovery <a href="mailto:bjacobs@coalitionny.org">bjacobs@coalitionny.org</a></p>	<p><b>For any other questions:</b></p> <p><b>Teyana Reed</b> Training &amp; Special Projects Coordinator <a href="mailto:treed@coalitionny.org">treed@coalitionny.org</a></p>
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