

Crisis Respite Counselor – Short Term Crisis Respite – Oswego County (Direct Support Professional, Residence Counselor, Case Manager)

Position Summary:

Short Term Crisis Respite is a three bed community based residential program that provides a therapeutic environment for adults experiencing an emotional crisis. Working in collaboration with Peer Specialists, the Crisis Respite Counselor provides health and wellness coaching, relapse prevention planning, wellness activities, family support, and conflict resolution. Peer Specialists are individuals with a history of mental illness and willingness to share their story to help others. The goal is to stabilize guests within seven days and prevent un-necessary ED visits and hospitalizations.

Essential Functions:

1. Teach guests to look at crisis differently and utilize wellness tools to prevent future crises or to decrease the intensity of personal crisis.
2. Work closely with Health Homes, hospitals and treatment providers to develop an integrated plan of care including mental health, physical health, substance abuse services, and community supports necessary for guests to succeed in the community.
3. Provide advocacy, supportive counseling and referral and linkage services for program guests as needed and as assigned by the Program Director.
4. Provide recovery oriented services incorporating the Need Adapted Treatment and Motivational Interviewing.
5. Provide coverage for the program as reflected in staffing plan, including overnights as required.
6. Utilize de-escalation techniques.
7. Rotate on-call responsibility.

Qualifications:

1. Work experience in a behavioral health or related setting is helpful.
2. Minimum of high school diploma or equivalent (GED).
3. A respect for and high level of comfort around people experiencing psychiatric crisis.
4. Ability to utilize critical thinking, problem-solving and de-escalation skills to assist with creating and maintaining an environment that promotes recovery.

Required Skills and Abilities:

1. Is sensitive to cultural differences and able to incorporate that understanding into service provision.
2. Regularly required to sit, stand, walk, bend, climb stairs and lift objects of up to 20lbs as required.
3. The ability to understand, support and operate from a strength-based recovery-oriented model; display professionalism in all settings; recognize the importance and benefits of relationship-building and collaborating with other service providers.
4. The ability to solve complex problems using creative solutions and act consistently in a manner that demonstrates dignity and respect for peers.

Please visit <http://www.liberty-resources.org/careers/> for more information or to apply.