



The Mental Health Empowerment Project and the  
Empowerment Exchange Present:

# Free Peer Support Training in Troy, New York

Do you like supporting others? Are you a person who has first-hand experience using services in the mental health system? If so, this training is for you!

**April 25<sup>th</sup> to June 14<sup>th</sup>**

**Wednesdays & Thursdays (9:00am–4:00pm)**

**Location: Unity House of Troy, 2431 Sixth Ave**

Lunch graciously offered by Unity House of Troy's  
Community Lunch Program, daily

The core courses of the **Academy of Peer Services**  
will be covered in this training.

No need to be a scholar – come with an open mind, and build the  
peer support community with us!

**PRE-REGISTRATION IS REQUIRED – CONTACT:**

Tanya Stevens at MHEP: 518-434-1393 / [tstevens@mhepinc.org](mailto:tstevens@mhepinc.org)