

**FREE upcoming trainings at the BC Library-registration info will be forthcoming.**

**April 18th-Addiction Counselor Ethics** - This course will review the Ethics Code for OASAS Counselors. topics include: definitions and foundations of ethics, principles and problem areas, professional responsibility and counselor considerations. Confidentiality will also be reviewed. There will be case studies and discussion. (6 CASAC credits)

**April 19th-Methamphetamines, MSM, & HIV** - This course will introduce participants to crystal methamphetamine use among MSMS. It will describe the drug, routes of administration, reasons people use it, and treatment options. (6 CASAC credits)

**Successful Engagement Practices: Enhancing Skills to Support Motivation & Engagement (May 14th 10am-12pm)** Successfully engaging with participants is a critical part of our work as it is a critical for their success. Yet, these vital skills are rarely taught. Ever notice that some people have that special 'something' that engages people? This workshop will focus on enhancing provider skills to develop an atmosphere that encourage participant motivation and engagement. You will learn the specific skills needed for successful participant engagement. (2.0 SW CEU)

**Integrating Person Centeredness in Day to Day Practices (May 14th 1-3pm)** Learn about nationally recognized person centered approaches and how to implement them in your practice. Develop strong collaborations with those you serve, while better understanding their hopes and needs. Support people to set meaningful goals and offer interventions that are driven by them. (2.0 SW CEU)

**Trauma Informed Care II (May 21st 10am-12pm)** Implementation of trauma informed practices is attainable. This workshop will review the implementation process to include an organizational self-assessment and the steps to infusing the trauma informed care practices into your organization. (2.0 SW CEU)

**Healing Through Mindfulness: Incorporating Mindful Strategies into Practice (May 21st 1-3pm)** While mindfulness has gained widespread attention and popularity for its extensive health benefits, there continues to be much confusion around what it really means and how to "do it!" This workshop will address what mindfulness really is, what the current research has to say about its ability to help people recover from a diverse range of physical, emotional, and psychological challenges, and its potential for achieving overall wellness. In particular, this training will explore the exciting possibilities that mindfulness practice holds for healing from trauma. You will learn how to successfully introduce mindfulness to the people you serve, overcome obstacles to engaging people around this practice, and utilize concrete skills for applying mindfulness in your work. (2.0 SW CEU)

Sponsored by the Dual Recovery Project.