



Office of  
Mental Health

## **Social Capital Training: Community Integration**

**This training focuses on transitioning an individual from relying solely on mental and behavioral health providers as supports to engaging more in their community. The intent is for the recipient to establish positive/natural supports and generate a sense of independence.**

Natural supports are integrated into every community. Although, are not often considered as supports but deem them essential services.

This training focuses on utilizing community integration as an effective tool to increase an individual's social capital within their community to maintain wellness and recovery.

**This 1.0-hour training includes:**

- ✚ Learning about Natural Supports**
- ✚ Community Life**
- ✚ Resources: Building Social Capital**

**July 12<sup>th</sup> and July 24<sup>th</sup> | 2PM-3PM  
510 East Fayette Street Helio Health (Admin Offices).**

**To register for either training date, please contact:**

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Don't forget to get your voice heard with the survey link below!  
[http://www.omh.ny.gov/omhweb/consumer\\_affairs/contact/form.html](http://www.omh.ny.gov/omhweb/consumer_affairs/contact/form.html)