

NAMI Syracuse Educational Conference

Stand Against Stigma: changing minds about mental illness

Wednesday, October 10, 2018 * 8:45am-3:30pm* Rosamond Gifford Zoo, One Conservation Place, Syracuse
Please register by Wednesday, October 3, 2018

- Professional/Provider/Non-NAMI Member **\$65.00**
- NAMI Member **\$50.00**
- Student/Recipient of MH Services **\$30.00**
- Become a member of NAMI Syracuse & attend the conference **\$85.00**
- Sorry, not able to attend; but please accept my tax-deductible donation \$ _____

NAME: _____

FROM: (Agency, NAMI, School, etc.) _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

~ Registration includes Lunch ~ **Display Table Requested** []

Mail registration form along with payment to NAMI Syracuse Inc.,

917 Avery Avenue, Syracuse, NY 13204 ~or~

*visit our website, www.namisyracuse.org, click "Donate" and indicate "conference registration fee" via PayPal
Tel. 315-487-2085 FAX 315-487-2154 E-mail namisyracuse@namisyracuse.org*

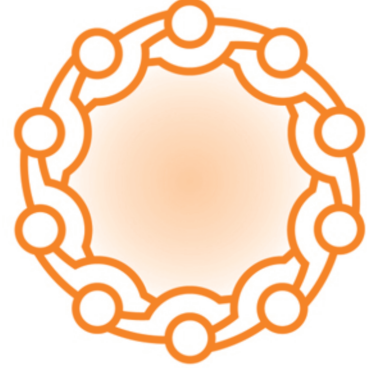


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EDUCATIONAL CONFERENCE



Stand Against Stigma
Changing minds about mental illness.

Wednesday, October 10, 2018
8:45am-3:30pm
Rosamond Gifford Zoo
One Conservation Place
Syracuse,
New York 13204



NAMI Syracuse, the local affiliate of NAMI, National Alliance on Mental Illness and NAMI-NYS, is a non-profit self-help organization of active and concerned families and friends of people who suffer from serious and persistent psychiatric illnesses.

Conference Committee:
Sherie Ramsgard, Chair • Susan Zdanowicz • Mary Bartowski
Spencer Plavocos • Kristin Neagle • Steven Comer

PROGRAM

8:00-8:45am	Registration
8:45-9:00am	Marla Byrnes President, NAMI Syracuse Introduction & Awards
9:00-10:00am	Dr. Malika Carter CEO's Against Stigma Campaign: A NAMI Syracuse/SUNY ESF Partnership
10:00-10:15am	Break
10:15-11:00am	Sherie Ramsgard DNA/Pharmacogenetic Testing
11:00am-12:00noon	Dr. Christopher Brown How to Integrate Mental Health Education & Awareness into School Districts
12:00-1:00pm	Lunch/Networking/Silent Auction
12:30-12:50pm	Optional Mindfulness Practice
1:00-2:00pm	Dr. Julio Licinio New genetic findings that show common genes for many disorders. What does this mean?
2:00-2:15pm	Laughter Yoga Break
2:15-3:15pm	Steven DiMarzo, Jennifer A. Crider LGBTQ+ Concepts in Cultural Diversity
3:15-3:30pm	Wrap-up & Evaluations

Presenters

Dr. Malika Carter began as the first Chief Diversity Officer for the College of Environmental Science and Forestry (ESF). Most recently the Chief Diversity Officer (CDO) for the City of Worcester, Massachusetts, Dr. Carter has more than 15 years' experience developing policies and initiatives that address elimination of the stigma. Dr. Carter and NAMI Syracuse have partnered to implement the CEO against Mental Illness campaign as developed by NAMI Massachusetts. The mission of CEO's Against Stigma campaign is to change attitudes toward mental health within our community and workplace(s) by securing the commitment of institutional leaders. Dr. Carter has worked her entire career to build cultural competency, improve relations and collaboration among people of diverse backgrounds. Dr. Carter has her PhD in Institutional Analysis from North Dakota State University, a Masters in Higher Education and Student Affairs Administration from the University of Vermont and a BS in Middle Childhood Education from Cleveland State University.



Sherie Ramsgard is a Psychiatric Nurse Practitioner and Owner of Whole Mental Wellness in Syracuse, NY. She has also served as a board member for NAMI Syracuse for the past 4 years. Sherie has always felt presence and mindfulness were important components in assisting people with their mental health and now that she is the boss, she has incorporated these concepts into her daily practice with clients. Sherie will share some experiential mindfulness sessions throughout the conference. Sherie has also been very interested and on the cutting edge of new test to help assess clients risk and tolerance of medication through DNA testing that can be done in office. She will share how this new DNA testing is performed and how it is helping clinicians make more informed decisions on treatment of client's mental health.



Upstate Medical University, College of Medicine Dean Dr. Julio Licinio's 30-year career in academic medicine is marked by a record of success in leading academic programs of training, research, patient care and community engagement, both nationally and internationally. Licinio comes to Upstate from the South Australian Health and Medical Research Institute, in Adelaide, Australia, where he serves both as deputy director of translation strategy and process and as the Head of the Mind and Brain Theme, as well as the Matthew Flinders Distinguished Professor at Flinders University also in Adelaide. He also held posts at UCLA, University of Miami, Australian National University and Yale University. As a professor at the David Geffen School of Medicine at UCLA, Licinio was founding director of three National Institutes of Health (NIH)-funded cross-disciplinary training programs, bringing together eight clinical departments and six at schools at UCLA to become key elements of the UCLA Clinical and Translational Science Institute. He is board certified in psychiatry, is a Fellow of the Royal and New Zealand College of Psychiatrists and the Australian Academy of Health and Medical Sciences, and; is currently licensed to practice medicine in four continents, North America (USA), Australia, and Europe (Ireland). Dr. Licinio will speak on some breaking researching coming out of his department on biological markers for mental health diagnosis.



Dr. Christopher Brown is currently the superintendent of schools for the West Genesee Central School District. He is in his 11th year at this large suburban school and spent the previous 7 years at rural Hammondsport Central School District. During his tenure, both districts were named Federal Blue Ribbon Schools of Excellence. More recently, his current district's high school was named a New York State Reward School. In conjunction with his city school, private school, and alternative education experiences, he has worked to help ALL students find success for over twenty years. Dr. Brown loves to teach and work with people. His areas of expertise are in overall school leadership, Board and superintendent relations, supervision, curriculum, program development, finance, facilities, and management services. He has taught all of these topics for ten years at SUNY Oswego, SUNY Brockport, Le Moyne College, and Syracuse University. He also enjoys being a doctoral mentor for St. John Fisher. He is frequently called upon to mentor new superintendents and offer workshops, classes, and trainings in 21st century leadership and effectively using social media. He was one of the first in his current district to achieve a doctoral degree online and uses that experience to teach custom online, hybrid, and face-to-face courses in a way that keeps all participants engaged, connected, and learning. Of the many awards he has been given, his most prized is an Honorary Lifetime Membership from the New York State Parent Teacher Association. It was given to him by members of the very first Special Education Parent Teacher Student Association which he helped stakeholders to organize in 2013.



Steven W. DiMarzo is a licensed mental health counselor and credentialed alcoholism and substance abuse counselor in New York. Steven is also a nationally board-certified counselor and he holds certifications in clinical trauma therapy and compassion fatigue therapy from the International Association of Trauma Professionals. Steven received a bachelor's degree in human development and master's degree in clinical mental health counseling from SUNY Oswego. Steven received an MBA in healthcare leadership from Le Moyne College. Steven is currently a clinical team member at Syracuse Behavioral Healthcare's inpatient treatment programs. Steven has worked with clients who identify with substance use and abuse, mental health and LGBTQ+ issues. Steven has also worked with clients in the areas of sexual offenses, sex addiction, and reintegration. Steven has presented at regional, state, and national level conferences and has facilitated trainings certified by New York State in many areas. Steven is motivated to improve the ways in which we address substance use and mental health disorders across all spectrums of treatment.



Jennifer A. Crider is a Credentialed Alcohol and Substance Abuse Counselor and an Outpatient Counselor for the past 5 years. She holds a Master's Degree from Syracuse University and is a Licensed Master Social Worker with previous experience working with those who identify in the LGBTQ+ community. With ten years in the human services field, her experience spans crisis work, substance use, and domestic violence/sexual assault. She has previous academic experience researching LGBTQ+ concerns and barriers in treatment. Jennifer has a passion for influencing change on behalf of the LGBTQ+ population in treatment settings for substance use and mental health disorders

