



**The Empowerment Exchange of Rensselaer County**  
**2136 Burdett Avenue Troy, NY 12180**  
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<https://www.facebook.com/TheEmpowermentExchange/>

## **Warmline Volunteers Needed!**

The **Empowerment Exchange of Rensselaer County** is currently looking for volunteers to staff our peer run Warmline. The Warmline is a confidential, non-crisis support line operated by individuals in all stages of recovery who offer hope and strength to others who may be experiencing a variety of feelings including fear, grief, sadness, anger, anxiety, or loneliness.

The hours are very flexible and the work is completed from the comfort of your own home. To be eligible you must **have completed the New York State Peer Specialist Certification process (active)** but experience is not necessary. All individuals interested will receive free training and ongoing support and supervision.

If you have questions or are interested in attending our next training in late September - please email Matt Canuteson at [mcanuteson@mhepinc.org](mailto:mcanuteson@mhepinc.org).