

Every Tuesday 5-6pm
Starting August 6th

300 Aaron Court, Kingston NY

Live for Today

A safe place to say the word *suicide*



- An open and confidential support group for adults who think about suicide.
- We welcome anyone in times of wellness, or in times of need.
- This group provides an opportunity to identify and connect with the part of us that wants to live, offer support to others, and share coping tools.

Contact 845-339-9090 for more information

