

August 2019 Peer Networking Meeting!

Emily Vaianella <evaianella@mhaw.org>

Mon 7/22/2019 9:12 AM

To: academy.virtual.community@gmail.com <academy.virtual.community@gmail.com>;



AUGUST 2019 Peer Networking Meeting

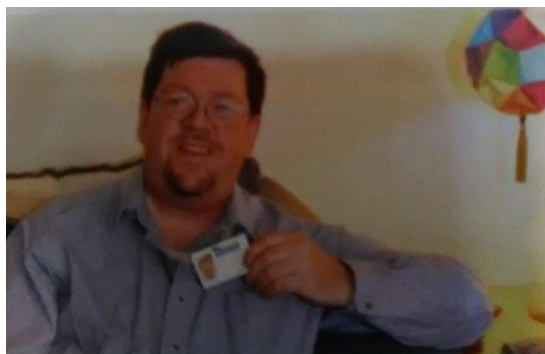
Greetings!

We hope you will join us for our monthly Long Island Peer Networking Meeting hosted by our very own Emily Vaianella, Outreach and Training Peer Specialist, and Ralph Matalone, Peer Support Line Peer Specialist.

“Intro to Origami”

Jim will be talking today about how origami is a form of relaxation, escape, and a hobby in his life.

He will discuss the many types of origami that can be created and constructed. Jim will demonstrate some simple models to fold if anyone wants to try their hand at origami.



"Jim has been an origami folder for the past 8 years. He is a 3 year member of the Origami USA Organization, the largest origami organization in the US. Jim has attended many conventions over the years. He looks forward to sharing the light of the world of origami folding."

The meeting will be held **Thursday, August 15th** from **3:30-5:00 pm**. We will meet at the Association for Mental Health and Wellness, Pollack Center, **939 Johnson Avenue in Ronkonkoma in classroom 3. Please use the Johnson Avenue entrance.**

Please R.S.V.P by replying to [Emily Vaianella](mailto:evaianella@mhaw.org) & share with those who may be interested.

See flyer below & email me with any suggestions for topics or if you are interested in presenting at future meetings.

We hope to see you there!

ASSOCIATION FOR
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.

Long Island Peer Networking Meeting

We meet the 3rd Thursday of each month from 3:30 – 5:00 pm



LI Peer Networking Meeting, who are we and why?

- For and by people who experience emotional distress, extreme and/or altered states of consciousness, labels of psychiatric diagnosis and/or who are trauma survivors to network
- A space to connect, share, discuss, and vibe
 - Email us any Topics of Interest
 - Interested in presenting? Please let us know

Contact:

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