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MANHATTAN

## Safety Planning for Suicide

A Samaritans Workshop for  
Family and Friends



### Safety Planning for Suicide – A Samaritans Workshop for Family and Friends

Join us for this important workshop facilitated by Samaritans staff on conversations with loved ones who are or may be suicidal, including crisis response and crisis management skills.

Samaritans Safety Planning Presentation provides information and guidelines to recognize when someone is experiencing distress, depression, self-harming or suicidal behavior, and how to access the help they need 24-hours-a-day. Samaritans Safety Planning Presentation will prepare you with the keys to getting help for yourself, your family, and those you work with and care for.

The [Samaritans of New York](#) has been providing crisis response, prevention planning, suicide survivor support groups and related services to the people of the region for over 30 years.

Join us Wednesday, September 18 from 6 to 7:30pm at Chatham Square Library (33 East Broadway in Manhattan).

**[Seats are free but limited. Please RSVP here!](#)**