

Registration for "Motivational Interviewing Training Series w. Cheryl Martin" Now Open

Coordinated Care Services, Inc. | Practice Transformation

Wed 9/4/2019 9:30 AM

To: Rita Cronise <rmc277@shp.rutgers.edu>

Registration Now Open!

Motivational Interviewing Training Series "The Spirit & Skills of MI"

(CEU and CASAC credits available through this training series)

with Cheryl Martin



"All change is self-change, to which clinicians are sometimes privileged witnesses and facilitators"

--from Motivational Interviewing, Helping People Change, 2013

Over the past few years there has been increased attention on Motivational Interviewing (MI) as an evidenced-based practice that supports both engagement and change. MI is a "way of being with others" that can strengthen relationships and open the door to behavior change. MI is collaborative and compassionate, while recognizing and honoring the autonomy of every individual.

In the recently released book, "Compassionomics", the authors provide scientific evidence that caring (compassion) makes a difference in outcomes of the people we serve, in the costs of care and as an antidote to clinician burnout. When the spirit and skills of MI are fully embraced, safety and trust is supported. The person receiving MI is viewed as the expert about her/himself and it is the clinician's responsibility to evoke and listen deeply to the ideas and beliefs of that person; it is their perspective and values that will support the change that is being sought.

Day 1: "The Spirit of MI" | Wednesday, October 23, 2019



During this training we will explore the relationship between Trauma- Responsive Care (TRC), Motivational Interviewing skills/interventions and how compassion/caring supports a safe and trusting environment. At a deeper level, we will look at how the “way of being” of MI engages others and helps to guide them towards the changes/goals they are seeking.

Topics Covered: What is Motivational Interviewing; What is Trauma Responsive Care; Compassion; Guiding Style; Righting Reflex; The Spirit of MI; Four fundamental processes of MI; Five key communication skills; What is engaging?; What is focusing?; Exchanging information; Elicit-Provide-Elicit

Registration Fee: \$125 (for full-day training) | \$200 for both days

**Scholarship assistance is available. Please contact Kathy King, Training Coordinator at 585.613.7632 or email kking@ccsi.org for more information.*

***CEU and CASAC credits available through this training**

Day 2: "The Skills of MI" | Tuesday, October 29, 2019

This training will build upon the Motivational Interviewing Day 1: "The Spirit of MI" which will be presented on October 23rd . This training is ideal for those who completed Day 1, have basic knowledge of MI, and/or are interested in a refresher.

This training provides learners an opportunity to integrate MI skills into their “way of being”. Demonstration and practice enhances the ability to differentiate between change talk and sustain talk. There will be a focus on strengthening the skills of eliciting and shaping change/commitment talk.

Topics Covered: Evoking, Planning, and MI in everyday practice.



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Time

9:00am to 4:00pm

(Registration/Check-in at 8:30am)

Training Location

Coordinated Care Services, Inc. (CCSI)
1099 Jay Street, Building J.
3rd Floor - Erie Canal Training Room
Rochester, NY 14611
[Driving Directions](#)

*Trainings Include: Practical handouts and reference materials
Coffee, Tea, & Water | Catered Lunch*

There are a limited number of spots available and we urge those interested to register early.

Register Now!



CHERYL MARTIN, MA, R.N., Master CASAC

Cheryl is currently working as an Integrated Health Trainer and Clinical Consultant for Coordinated Care Services, Inc. where she has developed curriculum and provided training and/or coaching for health care providers, schools, human services and criminal justice on a variety of topics including: motivational interviewing (MI), SBIRT, trauma and trauma responsive services, person-centered planning, parenting, co-occurring disorders, and substance use disorders. Cheryl is a NYS OASAS Motivational Interviewing (MI), Clinical Supervision Foundations II and SBIRT trainer. She has been a member of Motivational Interviewing Network Trainers (MINT) since 2004 and a *Motivational Interviewing Assessment Supervisory Tools for Enhancing Proficiency (MIA: STEP)* trainer for the NIDA Blending Initiative. Cheryl Martin has a BSN in Nursing, MA in Psychology and over 40 years of experience as an RN. Her nursing experience includes 13 years in surgery and medicine as well as 29 years in behavioral health. She earned a Trauma Certificate from the University of Buffalo, School of Social Work.

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