



Virtual Learning Community
Faces and Places of Peer Support Webinar Series

Part 1: Supporting Older Adults: Honoring Their Strengths

Broadcast on March 30, 2020

References

AARP, Millennials Show Us What 'Old' Looks Like. Disrupt Aging [Video, 4:08 min.]

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International End of Life Doula Association: <https://www.inelda.org/>

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Woolf, L., Webster University, Aging Quiz <http://faculty.webster.edu/woolfm/myth.html>

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<https://www.who.int/ageing/features/attitudes-quiz/en/>

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Video Resources:

Shanti Vani, making medical masks at home (Gainesville Florida News Channel WCJB Report):
https://www.wcjb.com/video?vid=569040152&fbclid=IwAR1gsactYZ1mylJupZBZE9NCN-SGeZE1QMrhcvZ6Vjq6jsi0a_S4hQ5YFqA

Helen Hardy and Thierry Mingione [Video 3:10 min.], Helen Hardy and her son-in-law communicating through Alzheimer's brain. (Recommended by Shanti Vani) <https://youtu.be/pAqG5z6-10E>

Zechner, M., Older Adults with Serious Mental Illnesses: Part 1. Northeast and Caribbean MHTTC Webinar. Broadcast on March 20, 2019. <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/product/webinar-part-1-older-adults-and-serious-mental-illnesses>

Zechner, M., Older Adults with Serious Mental Illnesses: Part 2 - Overview and Strategies for Programming. Northeast and Caribbean MHTTC Webinar. Broadcast on March 27, 2019.
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A Poem by Gayle Bluebird

Always Remember,
Things do change,
Grandchildren do remember
You,
Losses can be filled again;
Fires can be restarted
With mere sticks and paper,
Tiny embers fanned to flame;
The once again's do happen,
Maybe differently,
New faces may sit across
From us,
Our tables may serve tea
Instead of coffee,
The same's we want,
Stability, familiarity,
Paths we walked so
Smooth, packed
Down, with history—
Now,
We step ever so cautiously;
Sweet is future,
Take it,
Make it,
Have patience—move
On...