

ROcovery Fitness Calendar of Virtual Events & Peer Recovery Support

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Mon 4/6/2020 10:50 AM

To: ROcovery Fitness <mail@rocoveryfitness.org>

 2 attachments (873 KB)

WeeklyLiveFeedSchedule(4-6-FINAL).pdf; OES copy.pdf;

Good morning,

Check out our incredible weekly schedule via FB Live and Zoom! (attached)

We are STILL up and at it every day and looking to connect and support you (your organization and/or your clients) in any way we can! In addition to our weekly virtual class schedule, take a look at our flyer offering additional recovery support through our amazing Outreach & Engagement Specialists offering assistance in the journey of recovery at this challenging time—Let's connect!

Also, many of the amazing mutual aid groups you've grown accustomed to finding at our outreach center are also still going strong via the virtual world—check out this robust list below for multiple pathways of recovery:

Y12SR (Sunday at 10:30 AM): <https://zoom.us/j/974669820>... (Meeting ID: 974-669-820)

NA Virtual Meetings List: <https://virtual-na.org/>

AA Virtual Meeting List located here: https://docs.google.com/.../1c8pXr0tKcMI_JHvQ7VGz7X4.../htmlview

Dharma Recovery Virtual Meetings:

Mon 8pm 958 075 200 (<https://zoom.us/j/958075200>)

Wed 7pm 772 113 122 (<https://zoom.us/j/772113122>)

Fri 12pm 312 605 754 (<https://zoom.us/j/312605754>)

Sat 5pm 335 728 399 (<https://zoom.us/j/335728399>)

SMART Recovery:

Family & Friends Meeting (2nd, 4th & 5th Monday at 7:00 PM to 8:00 PM)

<https://smartrecovery.zoom.us/j/640670885>,

+1 929 436 2866 US (New York), meeting ID 640-670-885

Public/Standard Meeting (1st, 3rd & 5th Monday 7:00 pm to 8:00 PM)

<https://smartrecovery.zoom.us/j/640670885>,

+1 929 436 2866 US (New York), meeting ID 640-670-885

If you have any questions or comments, please feel free to reach out to me or any of our staff members at any time. Thank you!

Best regards,

Jon