

Join us THIS THURSDAY April 16th online for our Long Island Peer Networking Meeting!

Emily Vaianella <evaianella@mhaw.org>

Tue 4/14/2020 6:00 PM

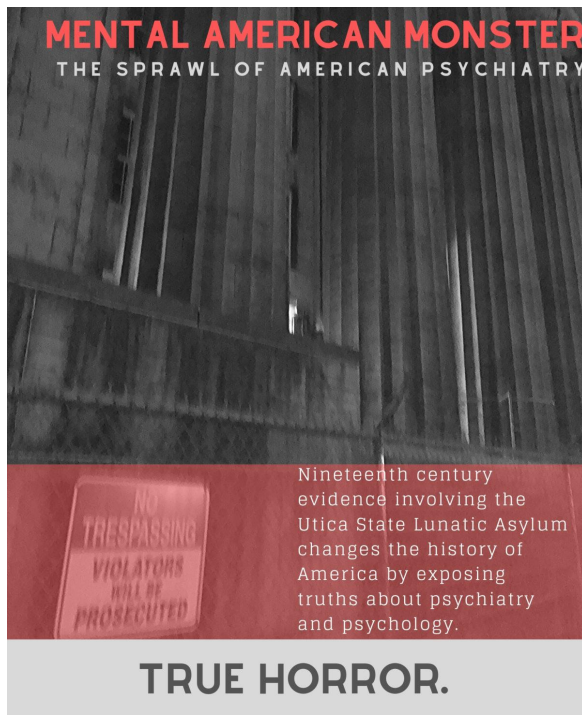
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## April 16 Peer Networking Meeting

During this public health crisis, the Association for Mental Health and Wellness (MHAW) has been designated as an “essential service.” Since the Coronavirus began to invade our lives and restrict our lifestyles, many of us have struggled with the onslaught of frightening messages and the negative effects of social isolation. Many community members have communicated their need for increased support and guidance.

***During this public emergency period, we will be offering our Long Island Peer Networking Meeting Bi-weekly online and by phone***



hosted by:  
Emily Vaianella, Outreach and Training  
Peer Specialist,  
and Ralph Matalone, Peer Support Line  
Peer Specialist.

**This workshop will feature  
a topic by Lauren Tenney  
*stay tuned for more details!***

**Lauren Tenney**  
**PhD, MPhil, MPA, BPS**  
Psychiatric Survivor, Environmental  
Psychologist/Social Scientist  
Motivational Speaker, Organizer,  
Professor, Researcher, Writer, Artist,  
Advocate

[www.mentalamericanmonster.org](http://www.mentalamericanmonster.org)

The meeting will be held:  
**Thursday, April 16th, 2020**  
from **3:30-5:00 pm.**  
**Please R.S.V.P by replying to Emily Vaianella**

[evaianella@mhaw.org](mailto:evaianella@mhaw.org)  
**& share with those who may be interested.**

Join us on our Zoom platform by clicking the link below at the time of the meeting.  
If you do not have zoom capabilities, you can join us by dialing in on your phone for  
audio only.

Call in number:  
+1 929 205 6099 US (New York)

Meeting ID: 805 602 794  
Find your local number: <https://zoom.us/j/ab49ZfkmGG>

**Click here to join this meeting!**

*See flyer below & email me with any suggestions for topics or if you are interested in  
presenting at future meetings.*  
**We hope to see you there!**

ASSOCIATION FOR  
MENTAL HEALTH AND WELLNESS



*To Advocate. To Educate. To Empower. Together.*

## Long Island Peer Networking Meeting

Online

1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month from 3:30 – 5:00 pm



### LI Peer Networking Meeting, who are we and why?

- For and by people who experience emotional distress, extreme and/or altered states of consciousness, labels of psychiatric diagnosis and/or who are trauma survivors to network
- A space to connect, share, discuss, and vibe
  - Email us any Topics of Interest
  - Interested in presenting? Please let us know
  - Please RSVP

Contact:

Emily Vaianella

[evaianella@mhaw.org](mailto:evaianella@mhaw.org)

631-471-7242 ext. 1341

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