

## SHARE! Self-Help Support Meetings now online!

Kate at SHARE! <libby@shareselfhelp.ccsend.com>

on behalf of

Kate at SHARE! <kate@shareselfhelp.org>

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To: Rita Cronise <rmc277@shp.rutgers.edu>



## Self-Help Support Groups now online!



Self-help support groups at SHARE! on Zoom are private and easy to use without traveling anywhere! Click on this link for a [daily listing of meetings:](https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/)

<https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/>

For a Zoom tutorial, click on this link:<https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting>

SHARE! 310.305.8878

Connect with us



SHARE! the Self-Help And Recovery Exchange | 6666 Green Valley Circle, Culver City, CA 90230

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