

## Regional Advisory Committee meeting - May 11th

CNY Region Information <CNY-REGION-INFORMATION@LISTSERV.OMH.NY.GOV>

on behalf of

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Wed 5/6/2020 9:49 AM

To: CNY-REGION-INFORMATION@LISTSERV.OMH.NY.GOV <CNY-REGION-INFORMATION@LISTSERV.OMH.NY.GOV>

Good Day!

This email contains important information for the upcoming Regional Advisory Committee, (RAC), meeting to be held on May 11, 2020, from 8:30am to 12:30pm.

The RAC is a public meeting and is designed to solicit input from Consumers/Survivors/Ex-Patients, (c/s/x), and Families of people with mental health issues.

### **To connect to the meeting:**

On the day of the meeting go to: <https://meetny.webex.com>

Enter the meeting number in the empty field labeled join a meeting:

Meeting number is: 618 544 449

You will be asked for the session password

The password is: nysomh123

You will be taken to the session information page where you will need to register for the meeting. **Please scroll to the bottom of the webpage** and click on the REGISTER button.

Once you have registered, you can click on the JOIN NOW button and you will be connected.

Once you are connected, you will be prompted to join the audio. You can use internet audio, have the system call you on your phone, or you can call into the teleconference

If you would like to call into the teleconference only, please note that you will not have access to all of the features of the meeting.

Teleconference only:

US Toll Free:1-844-633-8697

Local:1-518-549-0500

Access code: 618 544 449

### **Agenda:**

8:30 Meeting begins

1. Welcome and Orientation to new webex format
2. Regional Reports by Regional Advocacy Specialists
3. Census and Voter Registration presentation by League of Women Voters
4. Update on NYS response to Coronavirus.
5. Breakout sessions
6. Regroup and review Breakout sessions.

12:30 Meeting ends.

### **Breakout questions:**

1. How have you accessed OMH services during the COVID crisis period?
2. What are some barriers you've encountered to receiving OMH services during the COVID crisis period?

3. What have you done, or seen people do, to stay connected to other people during this time?
4. What were some of the challenges you faced during the pandemic and what did you do to overcome them?
5. What are some of the positive things you experienced or learned during the pandemic?
6. What is the best way to engage people who are unfamiliar or afraid of using technology?
7. If you had a magic wand, what would you do to improve OMH in the wake of this pandemic?

**Helpful links:**

- <https://www.elections.ny.gov/votingregister.html>
- <https://my.lvw.org/new-york-state>
- <https://2020census.gov/en/what-is-2020-census.html>
- <https://newyorkcounts2020.org/>
- <https://coronavirus.health.ny.gov/home>

Feeling stressed by the COVID-19 epidemic? You are not alone. Call the NYS Emotional Support Helpline 7 days a week, 8am-10pm at 1-844-863-9314.

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**Garrett Smith**

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