

Free Webinar: Using Lived Experience to Navigate Crises as a Clinician

National Coalition for Mental Health Recovery <info@ncmhr.org>

Mon 7/27/2020 2:00 PM

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National Coalition for
Mental Health Recovery

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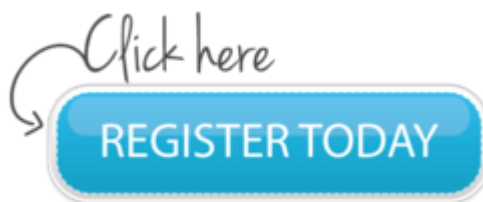
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Free Upcoming Webinar: Using Lived Experience to Navigate Crises as a Clinician

Friday, July 31st, 2020

2:00 - 3:30 pm ET

Mental health clinicians are frequently in a position to navigate crises with individuals who are struggling with thoughts of suicide, self-harm, intense emotional distress, confusion, and/or threats of violence and abuse from others. These experiences can be frightening for everyone involved, and professionals are not immune to these fears. Most training in this area, if there is any, involves guidance on assessment and containment, which can be helpful with triage but may not always be what the individual needs most. This webinar offers suggestions on how clinicians might be able to navigate these difficult situations with a larger toolbox, namely one that includes the perspectives of those who have been there. The presenter, Noel Hunter, is a clinical psychologist who also has personal lived experience. She will cover both research-based and her own experiences of integrating peer-informed approaches into clinical work.



Presented By:



Noel Hunter, PsyD is a clinical psychologist working in private practice in New York City. She provides workshops and keynote speeches on the topics of developmental trauma, alternative and humanistic approaches to healing, and mental health advocacy. Her work has appeared in numerous publications and she is the author of the book *Trauma and Madness in Mental Health Services*.



Moderator: Shira Collings, National Coalition for Mental Health Recovery



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