

Join us Thursday, August 6th for the Bi-County Empowerment Community Meeting!  
Online or by phone

Emily Vaianella <evaianella@mhaw.org>

Thu 7/30/2020 9:28 AM

To: academy.virtual.community@gmail.com <academy.virtual.community@gmail.com>

**Bi-County  
Empowerment  
Conference  
Community Meeting**

**Bi-County  
Empowerment  
Conference**



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**Join us Thursday, August 6th, 2020**  
from **3:30-5:00 pm**  
for the **Bi-County Empowerment Conference Community Meeting**  
Please feel free to share widely!

**The first Thursday of each month will be facilitated by  
Bi-county Steering Committee Members**

**"Losing Your Voice"**

"Your voice is one of the most important things you have."



**Brent Russell, Director of  
Peer & Veteran Services  
MHA Nassau, LMSW**

Brent Russell is a Desert Storm veteran who served from 1990 to 1992 with the 369th communication Battalion. He was released with an honorable-medical discharge out of Fort Dix N.J. Brent graduated with a Masters in Social work from Adelphi University in 2014 and now is a LMSW working on getting certification for his

practice. Brent is now the Director of Peer & Veteran Services at The Mental Health Association of Nassau County.

**Join us on our Zoom platform by clicking the link below at the time of the meeting.**

**If you do not have zoom capabilities, you can join us by dialing in on your phone for audio only.**

**Call in number:  
+1 929 205 6099 US (New York)**

Meeting ID: 805 602 794  
Find your local number: <https://zoom.us/j/ab49ZfkmGG>

Click here to join this meeting!

*See flyer below*  
We hope to see you there!



## Bi-County Empowerment Conference Monthly Community Meeting

1<sup>st</sup> Thursday of each month 3:30 –5:00 pm

Join us on online by clicking the link below  
or dialing in on your phone for audio only

<https://zoom.us/j/805602794>

Call in number:  
+1 929 205 6099 US (New York)  
Meeting ID: 805 602 794

Our Annual Bi-County Empowerment Conference is for and by people who experience emotional distress, voices and visions, altered and extreme states of consciousness, labels of psychiatry, substance use, and trauma/trauma responses.

Thanks to community feedback in past conferences our steering committee is offering Online Monthly Community Meetings.

- Please join us for the opportunity to:
  - influence themes and workshops of future conferences, and
  - continue connection, education, advocacy, and support

For more information and to receive announcements contact  
Emily Vaianella on the Conference Planning Committee at:

[evaianella@mhaw.org](mailto:evaianella@mhaw.org)

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