



New York State Regional Advisory Committee Meeting

RAC Workgroup Session Themes:

- Covid-19 and Technological Assistance
- Peer Movement and Advocacy Skills

Breakout Group Questions:

Theme I: COVID-19: Continued Challenges, Telehealth & Access to Supports

- What barriers to obtaining PPE are you still seeing/hearing/experiencing?
- Has the pandemic continued to affect or inhibit your ability to obtain mental health services, medical services, or any other items you need in your daily life? If so, how?
- Have you used telehealth services, and if so, will you continue? If not, why not? What would make it easier to engage in tele-health services?
- Medicaid/Medicare cover telehealth services. Have there been any issues with finding services that accept Medicaid/Medicare?
- Are you/others comfortable using Webex, ZOOM, or other digital platforms to communicate?
- Are you/others comfortable navigating these platforms? If needed do you receive assistance?
- Is access to reliable Internet services an issue in your region and what has been done to address these issues, if they exist?
- If you had a magic wand, what would the ideal telehealth session look like? Duration? Platform?

Theme II: Peer Movement/Advocacy:

- What ideas do you have to engage more peers in advocacy efforts in general?
- What practices would you like to see to engage more peers in the RAC and RCM meetings?
- What are the “hot topics” that you are currently advocating for?
- What assistance do you/others need with those advocating efforts?
- What have you/others learned from the peer movement?
- What lessons throughout that history can we apply to today’s environment?
- What barriers do you see to that application?
- If you had a magic wand, what would you change in the mental health system today?