



Office of  
Mental Health

## New York State Regional Advisory Committee Meeting

Meeting Topic: Update on Survey from Previous RAC; What if NY was the center of healing for the world?

Upcoming RAC Workgroup Session Themes:

- COVID-19: Continued Challenges, Telehealth & Access to Supports
  - Peer Movement and Advocacy Skills

Time and Date:

Monday September 21<sup>st</sup>, 2020 8:30am – 12:30pm

Registration Available Now:

<https://meetny.webex.com/meetny/k2/j.php?MTID=t2c11ddab16efaa75c90e3557111a7aec>

**Note: Once the host approves your registration, you will receive a confirmation email with instructions for joining the session. If you have already registered for this session, you do not need to register again.**

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The Office of Consumer Affairs and the Regional Advisory Committee work to attain meaningful recipient and family participation at all levels of the mental health system.

The RAC meetings serves the same purpose as Regional Communication Meetings (RCM) on a statewide level. The intent is entirely the same as the RCM, except all Article 31 hospitals (State PCs) and OMH funded/operated agencies participate in the RAC meetings across the state. For this reason, the RAC meetings address issues pertaining to individuals in all areas of mental health services.

The goals of self-help and empowerment are reflected in the guiding principle of “Nothing about us without us.” The RAC is primarily comprised of people with lived experience in the mental health system, families whose loved ones are current or former recipients of services, and people who identify as consumers, survivors or ex-patients(c/s/x) from all five regions in the state.