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REGISTER NOW!! Racism: A Public Mental Health Crisis Virtual Conferences Series 2-6!

BureauofMH <BureauofMH@health.nyc.gov>

Tue, Sep 15, 2020 at 2:32 PM

New York Racial Equity & Mental Health Conference Series:

Racism: A Public Mental Health Crisis

Creating A Culture of Bold Change

WEBINAR ONE WAS A SUCCESS!! Thank you Matthew Canuteson, MA Diversity and Inclusion Officer Director, Bureau of Cultural Competence at the New York State Office of Mental Health for your kick off presentation and call to action individuals can take towards eliminating racism in America. The focus was on New York's public mental health system and discussed the implementation of the National CLAS Standards as a catalyst for creating and sustaining organizational change. A recording of the presentation can also be accessed [here](#). Additionally, Matt Canuteson highlighted the importance of taking an implicit bias test, such as one of the Harvard Implicit Bias Tests. The Harvard Implicit Bias Tests can be accessed [here](#).

Please continue to join the New York State Office of Mental Health & the New York City Department of Health and Mental Hygiene for webinars 2-6 in our virtual conference series as we continue to engage in an interactive deepened dialogue to respond to the urgent need for racial equity and antiracist work in the field of mental health. For more detailed descriptions of webinars 2-6 please see attached.

Please distribute this email widely across your agency and programs. All staff are encouraged to attend all of the Virtual Conference Series!

The series will also be recorded and available to view after series completion.

Please note that LMSWs and LCSWs licensed in the State of NY can receive 1.5 CEUs for attending each webinar in this series. In order to receive your CEU certificate for a webinar, you must fully participate in the entire webinar and complete the post-webinar survey.

REGISTER FOR WEBINARS 2-6 BELOW!!

Racism in Mental Health in NYC: The Journey from Data to Anti-Racist Action at DOHMH

Wednesday September 30th, 2020 10:00am-11:30am

To Join Us on 9/30, Please Click Here to Register

Description: Overview of the history of racism in mental health, a deeper dive into the NYC Health Department's years of organizational anti-racist work, and highlights of NYC data on socio-political racial disparities in mental health services. We will highlight the current work DOHMH is doing now within the organization and at the system level along with plans to sustain the work. We will include the context of COVID-19 related disparities and protests of police brutality.

Becoming an Anti-Racist Organization: Breaking Down Structural Racism from Within

Wednesday October 28th, 2020 10:00am-11:30am

To Join Us on 10/28, Please Click Here to Register

Description: The time is now! Becoming an Anti-Racist Organization and Breaking Down Structural Racism from Within is a call to action with urgency. Panelists from different organizations will share how they implemented an Anti-Racist framework in their organization. The discussion will include strategies, types of racial equity tools, analyzing the data and understanding what the desired outcomes are and the impact. What are the next steps for organizations after implementing these strategies? How will organization build capacity and sustainability measures to maintain an Anti-Racist environment? Panelists will give insight on what was the turning point in becoming an Anti-Racist Organization to combat racial inequities, biases and what are the challenges and barriers to sustain this framework. What were the lessons learned from implementing an Anti-Racist framework? What equity tools were used to implement these methods? How are decisions made from an Anti-Racist Framework?

Impact of Structural Racism on Children and Families

Wednesday December 2nd, 2020 10:00am-11:30am

To Join Us on 12/2, Please Click Here to Register

Description: This webinar will examine the impact of racism and racial trauma on children's mental health. It will explore how intergenerational, racial trauma affects children's mental health and development. It will also examine how bias leads to under-recognition of mental health concerns among children of color relative to their white counterparts, as well as differences in the diagnoses and treatment options offered to each group. Finally, the webinar will look at how racism within the criminal justice system has led to the disproportionate incarceration of Black and Brown parents, and the subsequent impact on their children's mental health, well-being, and risk of future justice system involvement. The webinar will conclude with steps that mental health providers can take to identify and counter the impact of racism and racial trauma on children and families, as well as to address bias within their own practice.

LGBTQIA+ Community and Intersectionality: Lens of Intersectionality in Racial Equity Work

Wednesday January 6th, 2021 10:00am-11:30am

To Join Us on 1/6, Please Click Here to Register

Description: A deeper look and dialogue about racial inequity and systemic racism through the lens of intersectionality. This session will address the complexity of human experiences, complicated relationships and the innate need to be connected to others. This webinar is designed to discover the intersectionality of people of color (POC) in the LGBTQIA+ community dealing with the multifaceted challenges of the "isms". The speaker will provide information on the history of the Intersectionality Theory and explore implications this theory on research, relationships, policy, and public health.

What's Next? How Do We Intentionally Move Forward? Leading 'Bold Change' at your Workplace

Wednesday February 3rd, 2021 10:00am-11:30am

To Join Us on 2/3, Please Click Here to Register

Description: Using data from webinar attendee survey responses, this session will engage participants in a dynamic conversation discussing specific challenges participants face in implementing an anti-racist culture at their workplace. This session will provide an overview of key takeaways discussed in previous series sessions and focus on what's needed to advance an anti-racist work culture.

Sincerely,

The Conference Planning Committee



Sent from the New York City Department of Health & Mental Hygiene. This email and any files transmitted with it may contain confidential information and are intended solely for the use of the individual or entity to whom they are addressed. This footnote also confirms that this email message has been swept for the presence of computer viruses.

 **Webinar Descriptions-Blast.pdf**
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