

## **HANDS ACROSS LONG ISLAND, INC. (HALI)**

**Job title:** Senior Wellness Specialist (Exempt/Salaried)

**To apply, send resume and cover letter to [halihhr@compasswfs.com](mailto:halihhr@compasswfs.com)**

The Senior Wellness Specialist is a member of the HALI Wellness Services team, providing support to members via HALI's peer-run Recovery Center. The role directly engages members through activities and discussions that support members' achievement of their own goals related to multiple areas of wellbeing, particularly physical health. HALI provides an alternative peer-run approach for people who have experienced significant mental health or co-occurring life challenges. This position will report to the Director of Wellness Services.

### **RESPONSIBILITIES:**

- Promote overall agency vision of recovery, peer support, empowerment, and social justice.
- Use tools/frameworks such as Trauma Informed Peer Support, Wellness Recovery Action Plan, Eight Dimensions of Wellness, Recovery Coaching, Motivational Interviewing, and Active Listening in support of HALI service recipients
- Support members in identifying their own goals around physical wellness, and in developing plans to support the achievement of those goals.
- Work with members to address barriers to wellness, and to strengthen their engagement in activities that support their wellness goals.
- Project positive image of HALI via inter-agency relationships and occasional public speaking.

### **QUALIFICATIONS & COMPETENCIES**

Required:

- Demonstrated understanding of relevant service tools and frameworks as described above.
- Excellent communication and engagement skills.
- Ability to articulate peer roles and values, and downside of pathologizing the results of trauma.
- Familiarity with self-management of chronic physical illness i.e. diabetes, COPD
- Understanding of peer, self-help, and rights-based movements.

Preferred:

- Have or be working toward certification as NYS Certified Peer Specialist (CPS) or CPS-P; OR Certified Recovery Peer Advocate (CRPA) or CRPA-P.
- At least 3 years' experience in direct community support, outreach, or engagement.
- Self-identification as current or former user of mental health or co-occurring services, ability to relate to others now using those services, and ability to describe a healing process through personal experience.
- Bachelor's degree in field related to social services

### **EMPLOYMENT CONDITIONS:**

- Valid NYS driver's license
- Background check

**JOB TYPE:** Full time, 35 hours/week, Monday-Friday

**BENEFITS include:** Medical, Dental/Vision and Retirement plan